

With its forty thousand lakes and its numerous streams and rapids, Finland is a country unique in all the world. Finland is also a modern and progressive country, with good schools everywhere, even in the poor and sparsely populated northern communities, with many power stations and plants at the numerous rapids and with its capital, Helsingfors, a beautifully-laid out city with a population of 200,000. Cleanliness is a characteristic of Finland. The Finlanders, whether of the old Finnish stock or of the Swedish stock living on the west coast, are intelligent people who have brought forth scientists and artists of world renown.

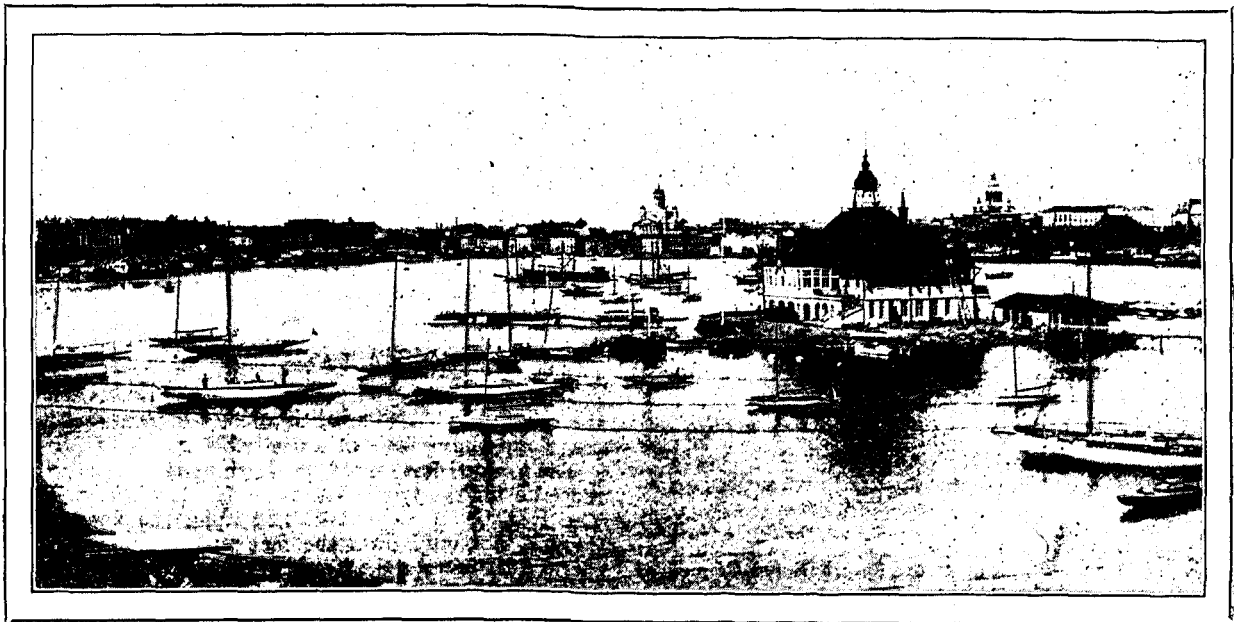
The grandest scenery that Finland possesses is mainly located in the interior and in the eastern part of the country. A circular tour to the spots best worth visiting can be made in about ten days. In the east there is Viborg (in Finnish Wiipuri) with its ancient castle, the famous cataract of Imatra, which has a bigger volume of water than any other in Europe, the extensive Saima waters with the imposing mediæval fortress of Olavinlinna, and the curious Punkaharju *esker*, which is 7 km. long and less than 200 yards wide,

to Norway, Sweden and Denmark, which steamers, however, also will be sold out weeks before they sail.

In our next issue we hope to give sketches of some tours in Finland of interest to visitors to the International Congress of Nurses.

#### REGISTERED NURSES' PARLIAMENTARY COUNCIL.

A meeting of the Registered Nurses' Parliamentary Council was held at 431, Oxford Street, London, W.1, on Friday, January 23rd, Councillor Beatrice Kent, S.R.N., President, being in the chair. Important business was transacted, work for the immediate future arranged, and new members elected. The Council is specially keeping before it two objectives, (1) to secure for nurses in training the prescribed training to which they are entitled under the Nurses' Registration Act, and (2) in the scheme for the Election of Direct Representatives on to the General Nursing Council for England and Wales, to urge that the election of the 11 Representatives of Nurses on the General Part of the Register shall be free and open to all duly nominated



VIEW OF HELSINGFORS, FINLAND, AND YACHT PAVILION.

washed by lakes on both sides, presenting the lake scenery of Finland in its most typical and perfect beauty. Still further to the east rise the heights of Koli in a wild and desolate forest region, and in the north there is the Ule (Oulu) River, with the famous passage in tar boats down its rapids.

#### TRAVEL ROUTES TO HELSINGFORS.

##### From Great Britain.

Steamers of the Finnish Steamship Company leave Hull every Thursday evening with arrival in Helsingfors the following Monday morning. The fare, including meals, is £10 in the first class, and £8 in second class. The last sailing before the Congress will, of course, be filled, and it is therefore necessary to apply for reservation months in advance to BENNETT'S TRAVEL BUREAU, LTD., 66, Haymarket, London, S.W.1. Those who cannot be accommodated on the direct steamer and also those who wish to spend a few days in Scandinavia before proceeding to the Congress, have the choice between a number of steamers from England

Registered Nurses, as is the case in relation to the Supplementary Parts of the Register.

#### IRISH NURSES' AND MIDWIVES' UNION.

The Annual Council Meeting of the Irish Nurses' and Midwives' Union is to be held this year on Wednesday and Thursday, February 4th and 5th, in 7 and 8, Eden Quay, Dublin, commencing at 3 p.m. on February 4th. Among the subjects to be discussed are the importance of School Nursing, conditions in the Public Health services, the necessity for a midwives' registered uniform and badge, and the best methods of organising nurses in different kinds of employment. All members of the Union are cordially welcome, but of course only delegates and the Executive Committee and officers can take part in the business, and vote.

Any nurse who can manage to make time to attend will find the discussions of great interest to her, and will gain an insight into the workings of her professional Union.

K. N. PRICE, *Secretary*.

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